

SAM PAONESSA WORKSHOP

Humber Valley Art Club WORKSHOP MATERIALS LIST

Instructor's Name: Sam Paonessa

Art materials questions can be sent to sam@sampaonessa.com

Usual Palette of Colours

- Cad. Yellow Light or Hansa Yellow
- Alizarin Crimson or Cad. Red Deep
- Cadmium Red Light
- Ultramarine Blue
- Phthalo Blue – green shade (also known as Winsor Blue or Phthalocyanine Blue)
- Phthalo Green or Viridian
- Dioxazine Purple
- Yellow Ochre or Raw Sienna
- Raw Umber
- Cadmium Orange or other yellow orange
- Quinacridone Magenta or Medium Magenta
- Sap Green
- Ivory Black or Paynes Gray
- Titanium White *LARGE Tube or Tub
- Nice to have but not essential -Cerulean Blue

Mediums: For Acrylic (Golden or Liquitex are quality brands that I use)

-Gesso- small tub (Liquitex or Golden or whatever you may already have)

-*Matte Medium (Fluid) or Floetrol(Paint Extender found at Benjamin Moore Paint stores)

Disposable Palette 9 X 12 or larger

Brushes and Other Tools (Synthetic and/or natural hair brushes):

- Variety of sizes of filberts and flats in both bristle and synthetic
- Pointed round #3 or #4 (the better the quality the better the result)
- Sable are excellent but get what is affordable.
- 1 – 2 inch house painting brush (or even wider for applying tints)



Princeton Catalyst Mini Silicone
Blade No. 4 - Angle

Shapers -Princeton Catalyst White Silicone Mini-blade #4

-Hand held shaper #6



Princeton Catalyst Silicone Wedge

- I recommend the angled head which is most useful and the hand held for larger size areas
- Palette Knife – Handy to have a 2 or 3 different size large, medium and small
- (Shape of blade should be medium length that goes to a point like an arrowhead)
- **Brayer** 2 or 4 inch width ((can be found in printmaking area)(Speedball is a good brand)



Surfaces:

- Mixed media sketchbook for practice (XL Canson) 9"x12"
- Canvas, Birch or Masonite Panels (Good to try various surfaces)
11 X 14, 12 X 16, 16 X 20 1 or 2 of each
You may work larger if you are a more experienced painter

*If doing a series Square Panels 12 X 12 or preferred size and or panoramic shape approx. 8 X 16 or 12 X 24

It's always wise to have a few sizes to choose from

To be better prepared pre tint your surfaces with any desired colours (try 2 or 3 combinations ,warm and cool, plus gesso to create some texture. Apply with brush, palette knife or brayer.

Other:

- Watercolour Pencils – Ultramarine Blue, Light grey and Raw Umber
- Apron
- Water container
- Green painters tape (hardware store)
- Nitrile or Latex gloves if desired
- Rags